

2019-2020 COMMUNITY IMPACT REPORT

Empowering Indigenous Youth Through Sport and Play

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LAND ACKNOWLEDGEMENT

We acknowledge that Spirit North's head office is located on the traditional territories of the Blackfoot Nations of Siksika, Kainai, Piikani as well as the Stoney-Nakoda and Tsuut'ina Nations, Region 3 Métis Nation of Alberta, and all others that make their home in the Treaty 7 region. We honour these and all other treaty and Métis Nation lands on which we work. These lands and our relationships with the First People of these lands support our work toward reconciliation. We acknowledge First Nations, Métis and Inuit rights to these lands and see self-determination as a step toward reconciliation. Improve physical and emotional health through land and participation-based physical activity. Empower through increased feelings of joy, belonging and resilience.

EDUCATION

Partner with schools and educators to deliver programs. Build skills, knowledge and confidence that inspires.

COMMUNITY

Engage communities to build connection, capacity and sustainability.

WE ARE SPIRIT NORTH

WE ARE UNLEASHING THE UNSTOPPABLE **SPIRITS OF INDIGENOUS** YOUTH THROUGH THE TRANSFORMATIVE **POWER OF SPORT AND** PLAY. GROUNDED IN THREE PILLARS, OUR **HOLISTIC APPROACH IS IMPROVING LIVES AND COMMUNITY PROSPERITY.**



2019 BOARD OF DIRECTORS

BARBARA CONKIE, BOARD CHAIR

JUDE DANIELS

LARRY GREER

ANDY HARRIS

JEFF HORVATH

DR. SEAN LESSARD

LAURIE THOMPSON

DR. SAM WONG



MESSAGE FROM BOARD CHAIR BARBARA CONKIE

2019 was another growth year for Spirit North and saw staff, volunteers and communities come together to collaboratively uplift the lives of Indigenous children and youth in Canada. Through a combination of passion, tireless effort and supportive leadership, and a willingness of youth to accept the risk of participating, Spirit North put otherwise out of reach opportunities into the hands of these young people.

Committed to being a consistent and reliable community partner, Spirit North delivered more year-round, land-based programming to complement its crosscountry ski programs, allocating over 70% of total income to programming in 2019. Under the collaborative leadership of CEO Beckie Scott, Spirit North continued to work toward reconciliation outcomes and deliver on its sport for social development mandate.

On behalf of the 2019 board of directors, it has been an honour to oversee and support Spirit North's work to connect communities, inspire through sport and play, and empower Indigenous youth to courageously live beyond the barriers that often define their lives. And to you, our partners and supporters, thank you. Your support is directly sparking a young spirit to know a brighter future.

Barbara Conkie Board Chair, Spirit North



MESSAGE FROM CEO BECKIE SCOTT

Spirit North believes that sport should be available to all and that every individual should have equal opportunity to participate. While equality and social inclusion dominate conversations we have an opportunity to contribute to lasting change that reshapes and reforms beliefs, systems, interactions and institutions in a positive way – using sport as a path to connection, growth and opportunity.

Connecting Indigenous children and youth to sport, play, the land and their communities is at our heart. As a sport for social development charity, our principles are rooted in the belief that sport can change lives, transform communities, inspire individuals, heal and teach.

Through 2019-2020, dedicated staff, coaches, teachers, partners, supporters and board members passionately supported and delivered land-based, sport and play programs to over 6,300 Indigenous children and youth, in 62 communities across Canada. We also added our first urban ski program, expanded our bike program and added to our sports roster. We continued to use co-creation workshops to generate unique programs that respect local knowledge and build local capacity. In 2020 we also stepped up to the challenges of COVID-19, knowing that Indigenous youth are at greater risk of severe outcomes. Through program adaptations and a mental health framework, we are equipped to deliver sport for social development programs that prioritize mental health and resilience throughout the phases of the pandemic.

Despite the uncertainty and unrest of the past year, it was a year of inspiring stories of opportunity, healing and growth; a year of young spirits becoming empowered! It is through the generous contributions of our valued supporters and partners that these stories may be told. Without which, none of this would be possible. Thank you for your continued support.

Beckie Scott CEO, Spirit North

"CHILDREN NEED PHYSICAL ACTIVITY. LEARNING A NEW SPORT GIVES THEM A SENSE OF MASTERY & GROWTH AND CREATES SOCIAL INCLUSION." Community Partner - Kitsumkalum (Terrace)

OUR VISION

Health, wellness and a brighter future for all Indigenous children and youth.

OUR MISSION

To empower and inspire Indigenous youth through sport and play.

OUR WORK

Since 2009 we've provided Indigenous youth throughout Canada with opportunities to participate in sport, play and land-based activities. In 2019, we reached over 6,300 youth in over 60 communities and continued our commitment to building sustainable relationships and community capacity. Our ambitious next steps are to reach 10,000 youth by 2023.

OUR IMPACT

Through the transformative power of sport we empower Indigenous youth to learn, grow, thrive and strengthen themselves and their communities – creating brighter futures for generations to come.

Our programs...

- Increase mental and physical health through activity
- Create a sense of belonging within the community
- Improve academic outcomes and attendance
- Build stronger connections with the land

SPORT FOR SOCIAL DEVELOPMENT

Sport is more than just that. Sport can be a powerful catalyst for social change; it can inspire, empower and transform lives. As one of Canada's leading sport for social development organizations, we're using sport to drive social development and achieve specific social outcomes. For us, that means improving health and education and strengthening community for Indigenous children and youth.

Our focus aligns with both the Truth and Reconciliation Commission's targets as they relate to sport for social development and the UN's Sustainable Development Goals, which recognize the unique potential of sport to contribute to development.

We extend sport beyond physical health and skill development to inspire and empower Indigenous children and youth to realize lasting opportunities for bright, healthy futures within their communities.

"INVOLVING OTHER COMMUNITY ORGANIZATIONS TO SUPPORT OUR YOUTH IS VITAL. THIS SPREADS RESPONSIBILITY FOR OVERALL HEALTH, WELLNESS AND PHYSICAL LITERACY THROUGHOUT THE COMMUNITY."

Teacher - Witset





RECONCILIATION

Our path toward reconciliation is one of striving to both amend the legacy of residential schools and advance Canadian reconciliation. Of the Truth and Reconciliation Commission of Canada's 94 diverse Calls to Action we're focused on addressing the health legacy of residential schools and reconciliation as it relates to sport. We aim to build bridges between communities and provide Indigenous youth with resources and opportunities through:

Call to Action # 19

(Legacy – Health) Closing the gap in health outcomes between Indigenous and non-Indigenous communities by promoting, through program delivery, the mental and physical health benefits of crosscountry skiing and other outdoor, year-round activities.

Call to Action # 89

(Sport & Reconciliation) Elevating sport and play as fundamental parts of health and well-being, and promoting land and participation-based activities in communities through local events and dedicated programming.

Call to Action # 90

(Sport & Reconciliation) Collaborating with schools and communities to co-create programs that reflect local needs, and investing in resources and community-based coach development to ensure sustainability.

HOUSE BROTHERS LEAD CHANGE WITH GENUINE OPTIMISM, BROTHERS TRISTAN AND TIM ARE BUILDING A STRONG FOUNDATION OF YOUTH WITHIN THEIR COMMUNITY

Springtime has arrived on the traditional territory of the Stoney Nakoda First Nations in Morley, Alberta. To the west, the land rises into the Rocky Mountains—an enduring landscape for the Chiniki, Wesley and Bearspaw people. A place to confide in, to be protected by and to connect with. A place that brothers Tristan and Tim House, Spirit North program leaders, call home.

The House brothers inherited strong leadership from their Chiniki elders. Drawing from generations of bold warriors and medicine healers, Tim and Tristan complement their kind leadership with athletic experiences and genuine optimism as they mentor Morley youth, using the lessons of sport to navigate issues on the reserve.

During the winter, Tristan and Tim accompany participants from Morley to the Canmore Nordic Centre where they are equipped with cross-country ski gear. Guided by the House brothers, participants then take to the challenging ski trails where the trail-side words of encouragement quickly take on a greater meaning. "It helps you outside of skiing," notes Memphis Alexander-Hunter, 14, "they motivate you to keep going with life, and to never stop." Tim and Tristan's encouragement and leadership provide guidance to participants at times when the challenges ahead are more daunting than a steep climb. Having grown up on the reserve, Tristan and Tim can speak to this from a personal level. Tristan reflects how "some of these kids, when they go home, they are dealing with alcoholism, violence between families - all that type of stuff. Stuff some kids don't have to go through. Spirit North is an escape for the kids. To be who they can be, and just be themselves. Just have fun, smile and grow. Spirit North has given that back to our Indigenous youth. I see that in some of these kids, they're just so excited."

Akin to building a strong foundation, the House brothers lead from the ground up. Tristan sees Spirit North as: "a starting point towards reconciliation with Indigenous peoples." Together with Spirit North, the House brothers are instigating change and leading from within the community. It is working.

Later that evening, the gentle landscape surrounding Morley absorbs one last moment of spring warmth. A swift breeze embodying a spirit rushes through the grass. An awakened spirit. A spirit that is nourished by leadership, energy and optimism. Adapted from story by: Heidi Widmer



"SPIRIT NORTH IS AN ESCAPE FOR THE KIDS. TO BE WHO THEY CAN BE, AND JUST BE THEMSELVES. JUST HAVE FUN, SMILE AND GROW. SPIRIT NORTH HAS GIVEN THAT BACK TO OUR YOUTH."

MADDY'S STORY SHE CAN!

Full of breakfast and dressed for the -10 °C day, Maddy steps out onto familiar land; a late winter day on the Lake Babine First Nation in British Columbia. Today is a good day; it's a Spirit North ski day. Maddy's participated in Spirit North programs for two years. Skiing has allowed her to be where she loves: "outside in the trees, seeing animals and spending time with people." In addition to helping her become a proficient skier, Maddy says that Spirit North has also helped her find her "inner strength," a strength and determination that took her all the way to the 2019 BC Winter Games.

Personal motivation drove Maddy to pursue the hard work required not only to get to the Games but also to show up for each of her events. Considering the 18-hour travel day, sleeping on a classroom floor, unpleasant weather, responsibility for warmups, start times and cool downs this was no small feat. It was an experience filled with life lessons that Maddy could take control of. And having control over something in a life not always easy is a big deal. But when you talk with Maddy about her Games experience it is quickly apparent that it was not at all about the competition but about meeting people, making friends and feeling a deep sense of belonging. Friendship, meeting people and belonging are as constant a conversation theme with Maddy as the two years that Spirit North has been a constant in her life. Indeed, those two years created opportunities for Maddy to experience the land through skiing, canoeing, running and mountain biking. As Spirit North Program Leader Rachelle van Zanten sees it: "Spirit North experiences have helped Maddy tap into the grizzly bear: formidable, unstoppable and capable of anything." As they journey together, Spirit North and Maddy are shifting the defining moments in her life to one's of opportunity where Maddy can lead, belong, grow and know her inner strength.

The chatter and laughter of children on skis carries through the woods. The sky has cleared and the late winter sun ignites the spark in Maddy's eyes, her spirit vibrant. A spirit that belongs and knows strength and opportunity.



IT WAS NOT AT ALL ABOUT THE COMPETITION BUT ABOUT MEETING PEOPLE, MAKING FRIENDS AND FEELING A DEEP SENSE OF BELONGING.



REACHING PEOPLE



6,300 YOUTH PARTICIPANTS **787** SCHOOL STAFF ENGAGED **536 COMMUNITY MEMBERS ENGAGED 39 COMMUNITY LEADERS WORKING DAILY TO INSPIRE YOUTH**





770 IN-SCHOOL ACTIVITY SESSIONS **311** AFTER-SCHOOL ACTIVITY SESSIONS **47** SPECIAL EVENTS

CO-CREATION

We know collaborative partnerships are a key ingredient to building sustainable relationships and local capacity.

Our co-creation methodology allows us to create programs and events that fit the unique needs of each community and tap into the unique skills of our leaders.

- Through workshops we collaborate with community members: students, teachers, parents, elders, leaders and coaches.
- We use workshop input to build programs that reflect the community's unique values and goals and respect local knowledge, experience and culture.

Co-creation is helping us expand our reach.



100% OF PARTICIPATING CO REQUEST SPIRIT NORTH RETURN

see inside back cover for communities listing

SPIRIT NORTH

OUR IMPACT

94%

STUDENTS SAID: "PROGRAMS MADE ME FEEL GOOD, VERY GOOD OR EXCELLENT."

SPIRIT NORTH MADE ME WANT TO COME TO SCHOOL AND GAVE ME SOMETHING TO LOOK FORWARD TO. NOW I'M A SKI LEADER AND THAT MAKES ME FEEL LIKE I BELONG AND CAN BE GOOD AT SOMETHING." Student - Beaver Lake Cree Nation

HEALTH

Improved mental & physical health

Land-based sport and play activities result in increased levels of physical activity and associated mental health benefits.

Inclusive and supported skill development programs, delivered in home communities, result in increased physical participation, skill acquisition, resilience and feelings of mastery, joy and belonging.

92%

TEACHERS SAID: "INCREASED PHYSICAL ACTIVITY WAS A POSITIVE OUTLET FOR ENERGY AND ALLOWED KIDS TO BETTER FOCUS IN THE CLASSROOM."

PARENTS & TEACHERS SAID: "SPIRIT NORTH PROGRAMMING IS IMPORTANT IN OUR COMMUNITY."

EDUCATION

Increased academic performance & attendance Improved positive associations & belief systems with school

DUCATION

Programs co-created with schools and educators result in innovative and culturally-appropriate curriculum development related to language and leadership.

Land-based skill development programs result in skill and knowledge acquisition and increased confidence.

COMMUNITY

100%

Increased capacity & sustainability

Co-creation, knowledge sharing, mentorship, skill building sessions and leadership development result in increased community capacity and program sustainability.

Incorporating traditional knowledge and cultural practices results in higher rates of community engagement.

NURTURING HOPE AND BELONGING A MENTAL HEALTH FRAMEWORK



Looking to extend the health impact of their programs, Spirit North recently developed a mental health framework to support Indigenous youth and their communities. Backed by research, a literature review and expert and community input, the collaborative project addresses a critical need for mental health alignment and fits within the charity's sport for development scope.

The resulting tools and resources were developed with a holistic approach that honours cultural identity, interdependence and community and will be shared with Spirit North leaders, teachers and community partners to increase capacity and spark creative ways to co-create and further support resilience, inclusion, self-esteem, pride and identity among youth.

According to the project's lead, Megan Imrie, who also holds a graduate degree in Indigenous Public Health, "when overall health is in balance, kids are empowered with a sense of purpose, hope, belonging and meaning." Imrie goes on to say: "if we can weave sport and play together with mental health, we can open a door for Indigenous youth to see the potential in themselves and break down some of those obstacles. Spirit North is truly committed to sustainable relationships and that makes them a reliable ally for this work."

"I HAVE SEEN FIRST-HAND THE POSITIVE IMPACT OF SPIRIT NORTH ON MY STUDENTS: RESILIENCE, TEAMWORK, POSITIVE ATTITUDES, BELIEF IN THEMSELVES, ENCOURAGING OTHERS AND JOY!"

School Principal - Black River First Nation



GOING TO THE WATER CANOEING IN EASTERN MANITOBA

Students from Wanipigow and Berens River schools in eastern Manitoba were able to experience the land and canoeing through in-school and overnight summer camp programs at Wallace Lake, in South Atikaki Provincial Park. Approximately 240 students participated in day programs, while 100 partook in the very new experience of overnight programs.

In addition to developing paddling skills, leadership skills were inherently bundled into the experience, and Program Leader Sam Anthony observed the kids blossom in confidence. Seeing the kids lead was especially evident on the overnight trips where they were navigating, camping, shelter building and fire building. Anthony believes that the land-based educator in attendance on all trips served a critical role: the ability for youth to engage in traditional land-based activities is important for their cultural awareness, sense of self and is a step toward sustainable change. As program lead, Anthony most enjoyed sharing the kids' excitement and exploring the wilderness with them.

'SPIRIT NORTH SHOWS CONTINUOUS DEDICATION TO MAKING A DIFFERENCE IN THESE STUDENTS' LIVES. THEY SHOW UP, THEY ARE KIND AND THEY ARE FANTASTIC ROLE MODELS." School Administrator - Outma Squilx'w Cultural School



TAKE ME TO THE TRAILS BUILDING IN WITSET

A journey to the edge of the Witset Elementary schoolyard reveals a whole new world for students and community members to explore and experience the land. After two years of bussing to the Bulkley Valley (BV) Nordic Centre for Spirit North ski programming, band councillors, school staff, the local health centre and Spirit North came together to design and cut trails accessible right from the school and tie them into the community's existing Perimeter Trail. The trails became a reality in late 2019, just five months after the idea was first presented.

Although BV Nordic Centre remains an important partner, reducing the number of two-hour return bus trips and associated logistics has been positive for kids. After one winter on the new trails, Community Outreach Leader Sheena Briggs says what she sees the most is "increased pride and confidence. The kids are able to test their limits and develop their skills in a comfortable, low stress and familiar setting. We've also been able to incorporate youth leadership – with the older kids supporting the younger ones. This wasn't possible before the trail build."

Beyond ski, bike and dryland programs for students, the broader community explored the trails at the 3rd annual Walking for Our Health Festival. Through their collaborative effort the Witset community and Spirit North have created a lasting resource that supports the health and wellness of both students and the overall community.

"THE POSITIVITY OF THIS PROGRAM HAS SPREAD OUT TO OUR COMMUNITY MEMBERS. THE CHILDREN ALWAYS LOOK FORWARD TO THE PROGRAM, COME WITH MORE ENERGY AND ARE WILLING TO BREAK OUT OF THEIR COMFORT ZONE. THIS IS IN PART DUE TO THE COACHES POSITIVE & HIGHLY ENERGETIC PERSONALITIES." Woyenne Councillor - Lake Babine Nation

FINDING WINTER ACTIVITY AMONG THE ASPHALT OF AMISKWACIWÂSKAHIKAN THE URBAN SKI EXPERIENCE



Passion and opportunity came together in the fall of 2019 for Spirit North to offer its first urban ski program in Amiskwaciwâskahikan (the Cree name for Edmonton, Alberta). Growing up in Amiskwaciwâskahikan, Program Leader Marshal German knows first-hand the unique barriers facing Indigenous youth in the city. German jumped at the opportunity to fill a significant need for access to outdoor winter activity by levering the receptiveness of the City of Edmonton (a generous partner for infrastructure access), Indigenous schools and Indigenous support societies to support cross-country ski programming.

Three-month, drop-in and one-time programming that reached 133 youth was offered and German noticed the gained confidence and benefits that came with sustained practice, including stamina (kids skiing 8 to 9 km) and skill development. **The urban landscape presents unique barriers for Indigenous youth who, according to German, "often do not see themselves reflected in the sport environment."** Spirit North programming created opportunities for kids to work at their own pace in an accepted, fun and positive environment where sustainable change was more likely.

CONNECTING COMMUNITIES THROUGH ACTIVITY AND CULTURE MULTI-COMMUNITY EVENTS

HEALTH



Throughout 2019, Spirit North brought 41 communities together for energy-packed, full day festivals of sport and culture in six centres. While festivals in Canmore, Penticton and Smithers have become mainstays on the Spirit North calendar, in their sixth and third years, respectively, events in Winnipeg, Prince Albert and Kelowna are just getting going for a second or first year.

The multi-community festivals bring schools, parents, youth and elders together for a day packed with sport, activity, food, cultural exchange and traditional practice. Moreover, they create opportunities for youth to support each other through activities, and to experience knowledge sharing and culture on traditional lands. When speaking about the festivals, Former Chief of the Penticton Indian Band, Jonathan Kruger's pride and gratitude over score his words: "It's awesome to see the kids here, enjoying the land. This is the third year, there are more and more kids and they're getting better... I'm just so proud and thankful."

Principal - Fort Vermillion High School

IT WAS AWESOME TO SEE SO MANY STUDENTS FROM OUR LOCAL FIRST NATION COMMUNITIES TAKE PART. I HAVE NEVER SEEN THAT LEVEL OF PARTICIPATION IN 20 YEARS." Pr



"I BELIEVE THAT WHAT SPIRIT NORTH OFFERS TO OUR YOUTH IS VITAL. IT'S MORE THAN JUST THE SPORTS. I HAVE NEVER SEEN A GROUP OF PEOPLE MORE DEDICATED TO BEING ALLIES AND WORKING ALONGSIDE US AS FRIENDS AND RELATIVES. HIY HIY SPIRIT NORTH." Teacher - Saddle Lake Cree Nation ATCO

OUR PARTNERS AND SUPPORTERS

A contribution to Spirit North is an investment in the power of sport and play to create lasting, meaningful change by empowering children and youth to overcome barriers, discover their potential, find their voice and fulfill their promise.

To our partners and supporters: a profound thank you for your generosity and commitment to improving the lives of Indigenous youth in Canada.





INCOME \$1.6 M

GOVERNMENT 84% 35% PROGRAMS \$564,000 \$1,158,000 34% FOUNDATION \$547,000 CORPORATE, INDIVIDUAL 30% AND OTHER \$468,000 ADMINISTRATION \$185,000 FUNDRAISING 3% FUNDRAISING \$44,000 10/ \$20,000 **/**0

EXPENSES \$1.4 M





OUR RESPONSE TO COVID-19

Marginalized and vulnerable populations are more at risk of spread and severe outcomes as they relate to COVID-19. Instances of overcrowded housing, lack of health professionals, poor infrastructure and chronic disease more often experienced by Indigenous communities put them at further risk.

When schools closed as a result of COVID-19, our first priority was to safely communicate with teachers and community leaders to understand and support their rapidly changing needs.

Programs

- Connecting with schools individually, we nimbly adapted our sport and play programs to online and at-home delivery. This is how we continued to engage, inspire and empower Indigenous youth:
- Created a series of games, activities and videos for children to access and participate in online, at home.
- 2. Developed weekly activity and play cards delivered to homes for children without connectivity or technology.
- 3. Continually adapted our programs to be responsive to and supportive of the communities, children and youth we serve.

Mental Health

The mental and emotional toll of the COVID-19 crisis is enormous as children and youth deal with disruption to routine, isolation, stress, anxiety and uncertainty. With a health and wellness mandate we have a critical role to play in supporting the mental health of Indigenous youth.

We're working with health experts and using scenario-planning to develop evidencebased practices that increase our capacity to deliver programming that prioritizes strengthening mental and emotional health during, and after the pandemic.

Looking Ahead

As we adapt to and adopt new routines for school and activities, we will be there with programs that promote and support social connection and healing activities. We are committed to building whole population mental wellness and resilience through sport and play activities. ALBERTA ALEXIS NAKOTA SIOUX NATION - ALEXIS FIRST NATION SCHOOL • ATHABASCA DELTA COMMUNITY SCHOOL • BEAVER FIRST NATION - ROCKY LANE SCHOOL • BEAVER LAKE CREE NATION - AMISK COMMUNITY SCHOOL • BIG HORN RESERVE - TAOTHA COMMUNITY SCHOOL • BIGSTONE CREE NATION - OSKI PASIKONIWEW KAMIK • BUFFALO LAKE MÉTIS SETTLEMENT - CASLAN SCHOOL • CALLING LAKE SCHOOL • CHIPEWYAN PRAIRIE FIRST NATION (JANVIER) - FATHER R. PERIN SCHOOL • COLD LAKE FIRST NATION - LEGOFF SCHOOL • CONKLIN - CONKLIN COMMUNITY SCHOOL • DRIFTPILE CREE NATION - DRIFTPILE COMMUNITY SCHOOL • EAST PRAIRIE MÉTIS SETTLEMENT - HILLVIEW SCHOOL • EDMONTON - BEN CALF ROBE - ST. CLARE SCHOOL - AMISKWACIY ACADEMY • ELIZABETH MÉTIS SETTLEMENT - ELIZABETH SCHOOL • ENOCH CREE NATION - MASKEKOSAK KISKINOMATOWIKAMIK - PAUL FIRST NATION - PAUL BAND EDUCATION - MOTHER EARTH'S CHILDREN'S CHARTER SCHOOL • ERMINESKIN CREE NATION - ERMINESKIN JR. SR. HIGH SCHOOL - ERMINESKIN ELEMENTARY SCHOOL - EHPEWAPAHK ALTERNATE SCHOOL • FISHING LAKE MÉTIS SETTLEMENT - J.F. DION SCHOOL • FORT MURRAY #468 FIRST NATION - ANZAC COMMUNITY AND BILL WOODWARD SCHOOL • FROG LAKE FIRST NATION - CHIEF NAPEWEAW COMPREHENSIVE SCHOOL • GARDEN RIVER FIRST NATION - SISTER GLORIA SCHOOL • GIFT LAKE MÉTIS SETTLEMENT - GIFT LAKE SCHOOL • HEART LAKE FIRST NATION - HEART LAKE KOHLS SCHOOL • JEAN-BAPTISTE SEWEGPAGAHAM SCHOOL • JOHN D'OR PRAIRIE SCHOOL • KIKINO MÉTIS SETTLEMENT - KIKINO SCHOOL • KEHEWIN CREE NATION - KEHEWIN COMMUNITY EDUCATION CENTRE • LITTLE RED RIVER CREE NATION - FOX LAKE ELEMENTARY SCHOOL . LOON RIVER FIRST NATION - CLARENCE JAYCOX SCHOOL . LOUIS BULL TRIBE - KISIPATNAHK SCHOOL • MIKISEW CREE FIRST NATION - ATHABASCA CHIPEWYAN FIRST NATION AND MÉTIS SETTLEMENT • MONTANA FIRST NATION - MESKANAHK KA-NIPA-WIT SCHOOL • O'CHIESE FIRST NATION - O'CHIESE FIRST NATION SCHOOL • PEAVINE MÉTIS SETTLEMENT - BISHOP ROUTHIER SCHOOL (PEAVINE) • PEERLESS TROUT FIRST NATION - PEERLESS LAKE SCHOOL - KATERI SCHOOL • SADDLE LAKE CREE NATION - ONCHAMINAHOS SCHOOL - KIHEW ASINIY EDUCATION CENTRE • SAMSON CREE NATION - NIPISIHKOPAHK SECONDARY SCHOOL • ST. THERESA SCHOOL • STONEY NAKODA NATION - EXSHAW SCHOOL - NAKODA ELEMENTARY SCHOOL - MORLEY COMMUNITY SCHOOL • STURGEON LAKE FIRST NATION - STURGEON LAKE SCHOOL • SUCKER CREEK FIRST NATION - JOUSSARD SCHOOL • SUNCHILD FIRST NATION - SUNCHILD SCHOOL • TALLCREE NATION AND BEAVER FIRST NATION - FORT VERMILION PUBLIC SCHOOL • TSUUT'INA NATION - CHIILA ELEMENTARY SCHOOL - TSUUT'INA JR. SR. SCHOOL • WHITEFISH (GOODFISH) FIRST NATION #128 - PAKAN SCHOOL • WHITEFISH LAKE FIRST NATION #459 - ATIKAMEG SCHOOL • WOODLAND CREE FIRST NATION - CADOTTE LAKE SCHOOL BRITISH COLUMBIA CHASE -CHIEF ATAHM SCHOOL • KISPIOX - KISPIOX ELEMENTARY SCHOOL • LA BABINE NATION - MORRIS WILLIAMS SCHOOL • NUSDEH YOH SCHOOL • OSOYOOS INDIAN BAND - SEN'POK'CHIN SCHOOL • PENTICTON INDIAN BAND - OUTMA SQILX'W CULTURAL SCHOOL • PRINCE GEORGE - RON BRENT ELEMENTARY SCHOOL • TERRACE (KITSUMKALUM) - NA AKSA GYILAK'YOO SCHOOL • WESTBANK FIRST NATION - SENSISYUSTEN HOUSE OF LEARNING • WITSET - MORICETOWN ELEMENTARY SCHOOL MANITOBA BERENS RIVER FIRST NATION -BERENS RIVER SCHOOL • BLACK RIVER FIRST NATION - BLACK RIVER ANISHINABE SCHOOL • BLOODVEIN FIRST NATION • HOLLOW WATER FIRST NATION - WANIPIGOW SCHOOL • MISKOOSEEPI SCHOOL • NISICHAWAYASIHK CREE NATION (NELSON HOUSE) - OTETISKEWIN KISKINWAMAHTO-WEKAMIK SCHOOL NORTHWEST TERRITORIES HARRY CAMSELL SCHOOL • K'ATL'ODEECHE FIRST NATION - CHIEF SUNRISE SCHOOL • PRINCESS ALEXANDRA SCHOOL ONTARIO THUNDER BAY - MATAWA EDUCATION CENTRE SASKATCHEWAN LAC LA RONGE INDIAN BAND - SALLY ROSS SCHOOL • MONTREAL LAKE FIRST NATION - SENATOR ALLEN BIRD MEMORIAL SCHOOL



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> "SPIRIT NORTH PROGRAMS HAD A BIG IMPACT ON MY CHILDREN. THE PROGRAMS GAVE THEM THE ABILITY TO KNOW THAT THEY CAN. THEY DEVELOPED A WILLINGNESS TO TRY. A WILLINGNESS TO GO FARTHER."

> > Parent and Helper - Witset

