

# Spirit North

## CHRISTMAS BREAK CHALLENGE

Directions: Colour in a tree ornament for each challenge you complete over the Christmas break.

 Ski for 30 minutes or a loop somewhere

 Go on a ski with your family

 Practice snowplow down a hill to a stop

 Ski Golf

 Adventure Ski

 Build an obstacle course & ski it

 Practice herringbone up a hill

 Play ski soccer

 Ski a new trail/make a new track

 Make up your own ski game

